

All Assisted Living communities are not the same. First determine the services you need. Next find the community that best fits your service needs and personality.

Services may include:

- Activities of Daily Living (ADL)
- Medication management
- Assistance with bathing & grooming
- Escort services to meals & activities
- Incontinence management
- Personal laundry
- Transportation may include a wheelchair lift
- Usually 3 meals daily
- Residents bring own furniture
- Typically month-to-month rental
- Licensed nurse may oversee resident care
- May offer respite (temporary) services
- Two-person transfer *
- Diabetic care *
- Memory care*

* May not be available at all communities



Our Communities

Apple Springs Senior Living
1001 Senna St.,
Omak, WA 98841
p. 509.826.3590

Columbia Ridge Senior Living
2300 W. 9th St.,
Washougal, WA 98671
p. 360.335.1238

Fountain Court Senior Living
24200 224th Ave. SE,
Maple Valley, WA 98038
p. 425.432.3352

Maple Glen Senior Living
1700 N. 13th Loop Rd.,
Shelton, WA 98584
p. 360.427.0300

Normandy Park Senior Living
16625 1st Ave. S,
Normandy Park, WA 98148
p. 206.241.0821

Parkview Senior Living
240 S. Silke Rd.,
Colville, WA 99114
p. 509.684.5677

Laurel Parc at Bethany Village
15850 NW Central Drive
Portland, OR 97229
p. 503.533.7979
www.laurelparc.com

We hope you find this checklist helpful. Please feel free to call any of our communities for additional information or help. We're happy to be a resource for you as you navigate all the living options.



Celebrating the ART of Life



Choosing an Assisted Living Community

A Checklist to Help You and Your Family Make the Right Decision

Choosing an Assisted Living Community isn't an easy task. We've designed this checklist to help ease the process for you when visiting and evaluating assisted living communities.

Visiting a Community - Use Your Senses

Use Your Eyes

- | | | |
|--|------------------------------|-----------------------------|
| Does the staff interact well with residents? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do residents appear happy? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Is the community clean? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are the residents active and socializing? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are the apartment styles the right size? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are the grounds well maintained? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Does the community allow pets? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

What Do You Hear?

- | | | |
|-----------------------------|------------------------------|-----------------------------|
| Is the community too noisy? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Is the community too quiet? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are the apartments quiet? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

What Do You Feel?

- | | | |
|-------------------------------------|------------------------------|-----------------------------|
| Is the community warm and friendly? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Is it sterile and uninviting? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Is your first impression positive? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Your Dining Experience

- | | | |
|---|------------------------------|-----------------------------|
| Does the food taste good? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Is it served appropriately? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are there choices? (meals/times) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Can the staff accommodate special requests? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Is the staff friendly? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Try It Out

- | | | |
|---|------------------------------|-----------------------------|
| Does the community offer an overnight stay? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Does the community welcome guests to activities and events both in and out of the building? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Notes: _____

Choosing a Community - Do Your Research

Location

- Is the community close to:
- | | | |
|--|------------------------------|-----------------------------|
| • Family/Friends | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Shopping | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Banking | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Church | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Medical Facilities | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| • Recreation (Park, Library, Senior Center, etc..) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Reputation

- Who is the owner/manager? _____
- Length of time in business? _____
- Are they well known in the community? Yes No

How did the community do on its last state survey? _____

Cost

- Rental (month-to-month)? _____
- Lease (length of time)? _____
- "Buy-in" with monthly fee? _____
- Rental Increases? _____

Fees/Deposit

- Refundable? \$ _____
- Non-refundable? \$ _____
- Pets? \$ _____
- Apt. Hold? \$ _____

Move-Out Criteria:

When does a resident need to leave? _____

Features:

- Common areas _____
- Building design _____

Services:

What is included in the rent?

What is not included?

- Are additional service fees charged by point or level of care? Yes No
- Is the Care Staff licensed? Yes No

Ask for a current activity schedule and transportation schedule.

Apartment Styles: What is Important...

- Independently controlled heating and air conditioning
- View
- Square footage
- Life safety
- Easy access to common areas
- Kitchen/bath features
- Storage space

Notes: _____
